

CACFP INFANT FEEDING PREFERENCE

Dear Parent/Guardian,

This child care provider participates in the Child and Adult Care Food Program (CACFP) and receives USDA reimbursement for serving nutritious meals to infants according to program requirements. Participation in this program requires child care providers to follow specific meal patterns according to the age of the infant.

If your child is exclusively breastfed, child care providers participating in the CACFP can feed your infant the breast milk you supply and meet the meal pattern requirements. Breastfeeding is widely recognized as the best source of nutrition for infants.

The Institute of Medicine and the American Academy of Pediatrics recommend that adults/caregivers, who work with infants and their families, promote and support exclusive breastfeeding for the first six months and continuation of breastfeeding in conjunction with complementary foods for 1 year or more, and the Texas Department of Agriculture (TDA) encourages child care provider's to dedicate a space for mothers to breast feed their infants on site.

Child care providers participating in the CACFP **are required** to offer at least one infant formula for infants who are enrolled for child care. You may decline the infant formula offered, and supply breast milk and/or your own preferred infant formula.

Additionally, when you determine in consultation with your physician that your child is developmentally ready, the child care provider will also be **required** to offer infant cereal and other foods. As with infant formula, you can decline the infant cereal and other foods offered and provide those items to your child care provider. It is important to note that your child care provider will not receive reimbursement for meals that contain more than one parent provided component. Speak to your child care provider to understand what components are required for your infant's meal and the exceptions made for infants with disabilities, so that your infant receives the most nutritious meal possible.

This child care provider offers the following infant formula(s): _____

It is very important that you indicate your preferences on the form that follows so we can honor the nutrition choices you have made for your family. Please complete the information below to designate your preference for infant formula, infant cereal and other foods.

Infant's Name _____ Infant's Date of Birth _____

Breast milk and/or Formula preference

Please mark your preference (choose all that apply)	Today's Date _____ Birth through 5 months	Today's Date _____ 6 – 11 months
I will bring expressed breast milk for my infant.		
I want the child care provider to provide the infant formula it offers for my infant.		
I will bring the infant formula for my infant. Please list the kind of infant formula you will bring:		

Preference regarding infant cereal and other foods

Please mark your preference	Today's Date _____ 6 – 11 months
My child is developmentally ready for solid foods. I want the child care provider to provide the infant cereal and other foods for my infant.	
My child is developmentally ready for solids. I will bring the infant cereal and/or other foods for my infant.	
My child is NOT developmentally ready for solid foods. I will inform the provider when and designate the solid food(s) to be introduced to my infant at that time.	

Parent's (or guardian's) Signature _____ Date of Signature _____

1. This form must be kept on file for each infant enrolled for child care.
2. This form must be kept current and accurate for each infant enrolled for child care until the infant reaches one year of age.
3. If the parent (or guardian) provides expressed breast milk and the child care provider feeds it to the child, and/or if the mother breast feeds her child on site, the meal may be claimed for reimbursement.
4. If the parent (or guardian) declines the formula and the child care provider provides meal and/or snack components, the meal may be claimed for reimbursement.
5. If the parent (or guardian) declines infant meals/snack, meals and snacks may NOT be claimed for reimbursement.

Crossroads Fellowship Creative Learning Center

INFANT DAILY INSTRUCTIONS

This form is required for all infants who are not ready for table foods. We must obtain and follow written feeding instructions designed and dated by the parents or child's physician. These written instructions must be reviewed and updated every 30 days until the child is able to eat table foods (§746.2421). As a CACFP participant and a Texas Rising Star Center, we practice responsive caregiving. Responsive caregiving means paying attention to your child's cues, thinking about what they might mean, and then responding to them in a sensitive way. Responsive caregiving involves following the lead. This is the best way to meet their physical and mental needs. There are multiple aspects to providing responsive care. Responsive children learn to recognize the signs of when they're hungry or full, which can help prevent obesity. Babies and young children have different signals. Caregivers know what their bodies need by using their voices, faces, and actions. Reading your child's signals means watching and listening to him, and trying to understand what his behavior means. Depending on their age, babies and toddlers have different ways of communicating. A 3-month-old might nuzzle the front of his mother's shirt when he's hungry and a 12-month-old may push a spoon away when he's full. Responsive feeding helps children to notice, understand, and trust the cues. This awareness builds healthy eating skills that last a lifetime.

Child's Name _____ Date of Birth _____

First Last

Known Allergies _____ Medications _____

My child _____ does _____ does not take a pacifier

Stage One Bottle feeding Date _____

My baby bottle feeds about every _____ hours. My baby is drinking _____ ounces of breastmilk/formula/milk _____.

Brand of formula being used: _____

Stage Two Adding cereal and baby foods Date _____

Baby foods (please list) _____

Does your child have any food allergies? _____ If so, please list them. _____

Please feed cereal at around this time: _____

Please feed vegetables at around this time: _____

Please feed fruits at around this time: _____

Other: _____

Stage Three Moving toward table foods Date _____

Are all table foods from our menu allowed? _____ If there are foods that are not allowed, please list them. _____

Does your child have any food allergies? _____ If so, please list them. _____

_____ I understand that table food is served from the menu the cook prepares each week following schedule:

8:15 Morning snack

11:15 Lunch

2:15 Afternoon snack

Sleeping Schedule:

Generally, my baby will nap at these times: _____

(Reminder: If an infant is able to roll back and forth from front to back, they will be placed on their back and the infant will assume a preferred sleep position [§746.2427 and §747.2327]. Each infant must have a supervised nap period that allows the infant to have uninterrupted periods of sleeping and waking periods [§746.2423]. May I allow infant to sleep in a restrictive device? You may not allow an infant to sleep in a restrictive device. Infants sleeping in restrictive devices are at risk for strangulation, injury, and positional asphyxiation. (§746.2426.))

Please list any other special instructions for your baby:

Please provide a letter from your doctor if they have any special instructions for your baby.

Please list the phone number we are to call first for questions concerning baby: _____

Parent Signature _____ Date _____

Updated : Parent Signature _____ Date _____

Updated : Parent Signature _____ Date _____

Updated : Parent Signature _____ Date _____



This form provides the required information per minimum standards §746.501(9) and §747.501(6) for the safe sleep policy.

Directions: Parents will review this policy upon enrolling their infant at Crossroads Fellowship Creative Learning Center and a copy of the policy is provided in the parent handbook. Parents can review information on safe sleep and reducing the risk of Sudden Infant Death Syndrome/Sudden Unexpected Infant Death (SIDS/SUIDS) at: <http://www.healthychildren.org/English/ages-stages/baby/sleep/Pages/A-Parents-Guide-to-Safe-Sleep.aspx>

Safe Sleep Policy

All staff, substitute staff, and volunteers at Crossroads Fellowship Creative Learning Center will follow these safe sleep recommendations of the American Academy of Pediatrics (AAP) and the Consumer Product Safety Commission (CPSC) for infants to reduce the risk of Sudden Infant Death Syndrome/Sudden Unexpected Infant Death Syndrome (SIDS/SUIDS):

- Always put infants to sleep on their backs unless you provide Form 3019, Infant Sleep Exception/Health Care Professional Recommendation, signed by the infant's health care professional [§746.2427 and §747.2327].
• Place infants on a firm mattress, with a tight-fitting sheet, in a crib that meets the CPSC federal requirements for full-size cribs and for non-full size cribs [§746.2409 and §747.2309].
• For infants who are younger than 12 months of age, cribs should be bare except for a tight-fitting sheet and a mattress cover or protector. Items that should not be placed in a crib include: soft or loose bedding, such as blankets, quilts, or comforters; pillows; stuffed toys/ animals; soft objects; bumper pads; liners; or sleep positioning devices [§746.2415(b) and §747.2315(b)]. Also, infants must not have their heads, faces, or cribs covered at any time by items such as blankets, linens, or clothing [§746.2429 and §747.2329].
• Do not use sleep positioning devices, such as wedges or infant positioners. The AAP has found no evidence that these devices are safe. Their use may increase the risk of suffocation [§746.2415(b) and §747.2315(b)].
• Ensure that sleeping areas are ventilated and at a temperature that is comfortable for a lightly clothed adult [§746.3407(10) and §747.3203(10)].
• If an infant needs extra warmth, use sleep clothing such as a sleep sack, sleepers or footed pajamas) as an alternative to blankets [§746.2415(b) and §747.2315(b)].
• Place only one infant in a crib to sleep [§746.2405 and §747.2305].
• Infants may use a pacifier during sleep. But the pacifier must not be attached to a stuffed animal [§746.2415(b) and §747.2315(b)] or the infant's clothing by a string, cord, or other attaching mechanism that might be a suffocation or strangulation risk [§746.2401(6) and §747.2315(b)].
• If the infant falls asleep in a restrictive device other than a crib (such as a bouncy chair or swing, or arrives to care asleep in a car seat), move the infant to a crib immediately, unless you provide Form 3019, Infant Sleep Exception/Health Care Professional Recommendation, signed by the infant's health-care professional [§746.2426 and §747.2326].
• Our child care program is smoke-free. Smoking is not allowed in Texas child care operations (this includes e-cigarettes and any type of vaporizers) [§746.3703(d) and §747.3503(d)].
• Actively observe sleeping infants by sight and sound [§746.2403 and §747.2303].
• If an infant is able to roll back and forth from front to back, place the infant on the infant's back for sleep and allow the infant to assume a preferred sleep position [§746.2427 and §747.2327].
• Awake infants will have supervised "tummy time" several times daily. This will help them strengthen their muscles and develop normally [§746.2427 and §747.2327].
• Do not swaddle an infant for sleep or rest unless you provide Form 3019, Infant Sleep Exception/Health Care Professional Recommendation, signed by the infant's health care professional [§746.2428 and §747.2328].

Privacy Statement- HHSC values your privacy. For more information, read our privacy policy online at: <https://hhs.texas.gov/policies-practices-privacy#security>.

This policy is effective on: _____ Child's name _____

Signature — Parent _____ Date Signed _____

Signature — Teacher _____ Date Signed _____

Signature — Director _____ Date Signed _____